**Psychiatry Bootcamp Autism Resource List**

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**Rating Assessments**

* Children
	+ M-CHAT-R/F
		- Free download: https://mchatscreen.com/
		- Valid age 16-30 mo
	+ ASQ-SE
		- Paid for at: https://agesandstages.com/products-pricing/asqse-2/
* Adults
	+ **Autism Spectrum Quotient** (**AQ**)
		- https://embrace-autism.com/autism-spectrum-quotient/
	+ **Ritvo Autism Asperger Diagnostic Scale–Revised** (RAADS–R)
		- https://embrace-autism.com/raads-r/#test
	+ **Camouflaging Autistic Traits Questionnaire****(CAT-Q)**
		- https://embrace-autism.com/cat-q/#test
	+ **Online Alexithymia Quiz (OAQ)**
		- https://embrace-autism.com/online-alexithymia-questionnaire/

**Printable Information**

* **AACAP Autism Spectrum Disorder Parent’s Medication Guide**
	+ **https://www.aacap.org/App\_Themes/AACAP/Docs/resource\_centers/autism/Autism\_Spectrum\_Disorder\_Parents\_Medication\_Guide.pdf**
* **NIMH Pamphlet on Autism**
	+ **https://www.nimh.nih.gov/sites/default/files/documents/health/publications/autism-spectrum-disorder/19-mh-8084-autismspectrumdisorder.pdf**
* **Sparrow vs Penguin story**
	+ **https://www.facebook.com/1688360238098742/posts/sparrows-and-penguinsor-an-autism-story-by-j-murray-with-editing-by-samantha-hac/2280616622206431/**

**Websites**

* **Autistic Realms free ebooks on building a sensory toolkit, transitions and PDA**
	+ https://www.autisticrealms.com/resources
* **Aucademy Educators of Autistic Experience**
	+ https://aucademy.co.uk/
* **Neurodivergent Insights (workbooks and information from Dr. Neff)**
	+ **https://neurodivergentinsights.com/**
* **Thinking Person’s Guide to Autism**
	+ **https://thinkingautismguide.com/**
* **Autistic Women and Nonbinary Network**
	+ **https://awnnetwork.org/**
* **Embrace Autism**
	+ **https://embrace-autism.com/**
	+ **Autism Level Up**
	+ **https://autismlevelup.com/**
* **American Academy of Child and Adolescent Psychiatry Autism Resource Center**
	+ **https://www.aacap.org/AACAP/Families\_Youth/Resource\_Centers/Autism\_Resource\_Center/AACAP/Families\_and\_Youth/Resource\_Centers/Autism\_Resource\_Center/Home.aspx?hkey=eba90fdc-e75b-4d63-a53b-2d7c50978d21**
* **Autism Society of America**
	+ http://www.autism-society.org
* **Matt Lowry, LPP neurodiversity memes**
	+ https://www.mattlowrylpp.com/meme-gallery
* **Relational Development Intervention Therapy**
	+ **https://www.rdiconnect.com/about-rdi/**

**Videos**

* **Amazing Things Project Youtube Videos**
	+ https://www.youtube.com/@AmazingThingsProject

**Podcasts**

* **Autistic Culture**
	+ https://www.mattlowrylpp.com/the-autistic-culture-podcast
* **The Neurodivergent Woman Podcast**
	+ https://www.ndwomanpod.com/
* **Divergent Conversations Podcast**
	+ https://www.divergentpod.com/