**Psychiatry Bootcamp Autism Resource List**

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**Rating Assessments**

* Children
  + M-CHAT-R/F
    - Free download: [https://mchatscreen.com/](about:blank)
    - Valid age 16-30 mo
  + ASQ-SE
    - Paid for at: [https://agesandstages.com/products-pricing/asqse-2/](about:blank)
* Adults
  + [**Autism Spectrum Quotient**](about:blank#test) (**AQ**)
    - [https://embrace-autism.com/autism-spectrum-quotient/](about:blank)
  + [**Ritvo Autism Asperger Diagnostic Scale–Revised**](about:blank) (RAADS–R)
    - [https://embrace-autism.com/raads-r/#test](about:blank#test)
  + [**Camouflaging Autistic Traits Questionnaire**](about:blank#test)**(CAT-Q)**
    - [https://embrace-autism.com/cat-q/#test](about:blank#test)
  + **Online Alexithymia Quiz (OAQ)**
    - https://embrace-autism.com/online-alexithymia-questionnaire/

**Printable Information**

* **AACAP Autism Spectrum Disorder Parent’s Medication Guide**
  + **https://www.aacap.org/App\_Themes/AACAP/Docs/resource\_centers/autism/Autism\_Spectrum\_Disorder\_Parents\_Medication\_Guide.pdf**
* **NIMH Pamphlet on Autism**
  + [**https://www.nimh.nih.gov/sites/default/files/documents/health/publications/autism-spectrum-disorder/19-mh-8084-autismspectrumdisorder.pdf**](about:blank)
* **Sparrow vs Penguin story**
  + [**https://www.facebook.com/1688360238098742/posts/sparrows-and-penguinsor-an-autism-story-by-j-murray-with-editing-by-samantha-hac/2280616622206431/**](about:blank)

**Websites**

* **Autistic Realms free ebooks on building a sensory toolkit, transitions and PDA**
  + https://www.autisticrealms.com/resources
* **Aucademy Educators of Autistic Experience**
  + https://aucademy.co.uk/
* **Neurodivergent Insights (workbooks and information from Dr. Neff)**
  + [**https://neurodivergentinsights.com/**](about:blank)
* **Thinking Person’s Guide to Autism**
  + [**https://thinkingautismguide.com/**](about:blank)
* **Autistic Women and Nonbinary Network**
  + **https://awnnetwork.org/**
* **Embrace Autism**
  + [**https://embrace-autism.com/**](about:blank)
  + **Autism Level Up**
  + [**https://autismlevelup.com/**](about:blank)
* **American Academy of Child and Adolescent Psychiatry Autism Resource Center**
  + [**https://www.aacap.org/AACAP/Families\_Youth/Resource\_Centers/Autism\_Resource\_Center/AACAP/Families\_and\_Youth/Resource\_Centers/Autism\_Resource\_Center/Home.aspx?hkey=eba90fdc-e75b-4d63-a53b-2d7c50978d21**](about:blank)
* **Autism Society of America**
  + [http://www.autism-society.org](about:blank)
* **Matt Lowry, LPP neurodiversity memes**
  + [https://www.mattlowrylpp.com/meme-gallery](about:blank)
* **Relational Development Intervention Therapy**
  + [**https://www.rdiconnect.com/about-rdi/**](about:blank)

**Videos**

* **Amazing Things Project Youtube Videos**
  + https://www.youtube.com/@AmazingThingsProject

**Podcasts**

* **Autistic Culture**
  + [https://www.mattlowrylpp.com/the-autistic-culture-podcast](about:blank)
* **The Neurodivergent Woman Podcast**
  + [https://www.ndwomanpod.com/](about:blank)
* **Divergent Conversations Podcast**
  + https://www.divergentpod.com/